

**What is claimed is:**

1. A computer-implemented interface method for use on a display device associated with an exercise device, comprising:

connecting a network connection to the exercise device capable of accessing  
5 information stored over a network;

partitioning a display of the display device associated with the exercise device to form a first display portion to display content;

partitioning the display of the display device to form a second display portion to display one or more controls to control the exercise device; and

10 providing a selectable element on the display device that upon selection removes the second display portion from the display.

2. The method of claim 1, further comprising:

15 expanding the first display portion in response to the selection of the selectable element.

3. The method in claim 1, wherein the network connection includes access to the Internet.

20 4. The method of claim 1, wherein the first display portion covers a field portion of the display.

5. The method of claim 1, wherein the second display portion covers a border portion of the display.

25 6. The method of claim 5, wherein the second display portion occupying the border portion of the display appears to slide like a drawer into the outer edge of the display when removed.

30 7. A method for improving the usability of an interface for an exercise device, comprising:

connecting a network connection to the exercise device capable of accessing information stored over a network;

partitioning a display of the display device associated with the exercise device to form a first display portion to display content;

5 partitioning the display of the display device to form a second display portion to display one or more controls to control the exercise device; and

providing a selectable element in the second portion of the display device that upon selection increases the size of the one or more selectable elements in the first display portion of the display device.

10 8. The method of claim 7, wherein the network connection provides access to the Internet.

15 9. The method of claim 7, wherein the selectable elements in the first portion of the display device capable of increasing in size are hypertext selectable elements.

10. A method for displaying information on a display connected to an exercise device, comprising:

20 connecting a network connection to the exercise device capable of accessing information stored over a network;

presenting real-time video images in a first portion of the display; and

presenting an interface to the Internet in a second portion of the display.

25 11. The method of claim 10, wherein the real-time video images correspond to a television signal being transmitted through a television receiver.

12. The method of claim 10, wherein the video images are downloaded from the Internet.

13. An apparatus comprising a computer-readable storage medium tangibly embodying program instructions for use on a display device associated with an exercise device, the program instructions including instructions operable to cause a processor to:

connect the exercise device to a network having access to information;

5 partition a display of the display device associated with the exercise device to form a first display portion to display content;

partition the display of the display device to form a second display portion to display one or more controls to control the exercise device; and

provide a selectable element on the display device that upon selection removes the

10 second display portion from the display.

14. An apparatus comprising a computer-readable storage medium tangibly embodying program instructions for improving the usability of an interface for an exercise device, the program instructions including instructions operable to cause a processor to:

15 partition a display of the display device associated with the exercise device to form a first display portion to display content;

partition the display of the display device to form a second display portion to display one or more controls to control the exercise device; and

provide a selectable element in the second portion of the display device that upon

20 selection increases the size of the one or more selectable elements in the first display portion of the display device.

15. An apparatus comprising a computer-readable storage medium tangibly embodying program instructions for displaying information on a display connected to an

25 exercise device, the program instructions including instructions operable to cause a processor to:

connecting a network connection to the exercise device capable of accessing information stored over a network;

presenting real-time video images in a first portion of the display; and

30 presenting an interface to the Internet in a second portion of the display.